

DAG News

Newsletter of Whitby, Scarborough & Ryedale Disability Action Group

Issue 301: April 2024

In this Issue:

- 3: DAG Updates -Membership Renewal Reminder,
- 5: Trips/ Events
- 6: Take Five Fraud Awareness Campaign
- 7: For Sale, DAG bookstall, Local Organisations, Groups & Services
- 12: Contact DAG

First of all I hope you all had a Happy Easter, despite the inclement weather!

A big **THANK YOU** to everyone who came to and supported our Easter Coffee Morning at Staithes Village Hall. Everyone had a lovely time catching up with each other and chatting over their tea, coffee and hot cross buns. Thank you to Judith,

JJ and Tom for organising everything and to all who bought raffle tickets and helping us to raise over £150.



Since our very early days as a charity, DAG has been very fortunate to have **The Marquis of Normanby** as our Patron. He has been a staunch supporter of our work throughout this time, and has supported us both personally and through the **Normanby Trust** many times.

A good example of this relationship was during those dark days of Covid 19 and lockdowns. The Normanby Trust supported DAG financially, allowing us, amongst other Page 2 DAG News

things, to set up our **Jigsaw Club** and provide our members with **Activity Packs, Christmas meals** and **Easter treats**. For those unable to leave their homes for long periods, this was invaluable and it made sure that we were able to support our members through what was such a difficult time.

Lord Normanby recently reached his 70th birthday and has decided to step down from all of his patronage positions. In his letter to us, he said he was honoured to be Patron of Whitby DAG, and is proud of the association with us, and will always follow our progress with interest and affection. DAG is also very proud that Lord Normanby has been our Patron, and would like to take this opportunity to thank him for all his support over so many years.

Here at **Church House**, the new owner has taken over the running of the building. Some of you may be aware that a planning application has been submitted to modernise and improve it, with the intention of increasing the range of community services available to the public. The proposed work includes converting empty loft space into offices, installing a catering kitchen and converting the old nursery site into assisted living / respite care accommodation, along with other general improvements.

Whilst we welcome these much needed improvements, it may well mean an extended period of disruption to our work, especially as the plans include lowering the ceiling in the DAG office, installing new windows, rectifying the subsidence at the rear of the building and completing the assisted living accommodation beneath us! We are determined to keep the office and DAG services running as best we can, and will keep you all informed of any developments.

Until the next time.

Page 3 DAG News

Membership Renewal Reminder

DAG Memberships for 2024/25 are due on 1st April 2024. To continue receiving a printed newsletter, please make sure you have renewed (or joined) by Monday 29th April 2024.

£20 for single membership £25 for joint membership

Anyone who became a DAG Member on or after 1st January 2024, does not need to renew until April 2025.

Please note - from now on, non-members and organisations may only receive our newsletter by email.

Fundraising

The sun came out, and 24 people came along to our **Easter Coffee Morning at Staithes Village Hall** on 27th March. We had a fantastic Easter/ Spring themed raffle, with many additional prize donations from DAG members and visitors on the day.

The raffle raised £110, and with donations on the day we raised a total of £154.00. Thank you to everyone who came along and who donated prizes for the raffle. Thank you also to volunteers JJ for organising the raffle, Tom, Roger N and Wendy, for your help on the day.

The **Giant Jigsaw Sale** organised by **Tom** on 2nd April raised the fantastic total of **£240.50**. Thank you to **JJ, Josie, Roger E** and **Eva** who all came along to help on the day, in spite of the cold weather.

Page 4 DAG News



DAG Benefits Advice Service

DAG can help people fill in forms for benefits, including **Personal Independence Payment** and **Attendance Allowance**.

There is usually a deadline to return these forms and our service can be booked up in advance.

If you need help with a form, please contact us as soon as possible, to make sure we can get you an appointment in time.

DAG could not support so many people without the help of our wonderful **Volunteers.** We'd love you to join our team.



We have a number of volunteering opportunities, but at the moment are particularly keen to hear from anyone who is interested in being a Passenger
Assistant/Companion on trips. DBS Checks are required.

For more information or to arrange to come and meet us please contact **the DAG office**.

T: 01947 821001 or E: info@whitbydag.org.uk

Page 5 DAG News

TRIPS & SHOPPERS - APRIL & EARLY MAY

Unless otherwise stated, all trips cost £8 for a DAG Member and £10 for a non-member.

APRIL

Thursday 11th **Staithes Shopper** - Skelton

Tuesday 16th **Ryedale Folk Museum & Hutton-le-Hole** (shops and tearooms). Additional charge for Museum, payable on entry.

Friday 19th **Helmsley** - Market Day

Wednesday 24th Northallertom - Market Day £10/ £12

Monday 29th Staithes Shopper - Redcar Market Day

MAY

Thursday 2nd Whitby Shopper - Guisborough Market

Thursday 9th Staithes Shopper - Skelton Retail Park

Thursday 16th **The Lion, Blakey Ridge** - Lunch.

Contact the DAG office to book your place.

Page 6 DAG News



Take Five North Yorkshire is North Yorkshire Police's fraud awareness campaign to help beat financial fraud. Fraudsters might phone, email or send a text message, pretending to be from a bank, card company, police, utility company or other organisation.

The police, banks or other trusted organisations will

- Never ask you to withdraw money to hand over to them for safe keeping
- Never ask you to lie to your bank about why you are transferring money
- Never send someone to your home to collect cash, PIN, cards or cheque books if you are a victim of fraud
- Never ask you to purchase goods using your card and then hand them over for safe keeping
- Never phone and ask for your PIN or full password.

Remember...

- Never give out personal or financial details unless you are certain you know who you are dealing with
- Always question uninvited approaches asking for information.
- **Be cautious**. Never assume someone is who they say they are.
- Stay in control. Refuse unusual requests for personal or financial information
- Take Five. Stop and think before acting. Contact someone you know and trust first.

If you receive a call of this nature contact the **Police** on **101** (make sure the line is free). **If you are in immediate danger call 999**.

PEOPLE AREN'T ALWAYS
WHO THEY SAY THEY ARE
SO ALWAYS TAKE TIME TO
TO STOP, THINK
AND CHECK.



Dalewood Trust supports adults with learning disabilities providing leisure activities, adult education, volunteering and work experience.

They provide **Shopping and Laundry** services for the wider community in the Whitby area – charges apply.

On site **café** at Cholmley Way, alongside woodwork craft and plants shop.

For more information and to arrange services

Tel: 01947 600583 Email: info@dalewoodtrust.org

Facebook:

https://www.facebook.com/DalewoodTrust/

Calla Café at the Eastside Community Hub



The **Eastside Community Hub**, Abbotts Road, Whitby, is delighted to announce that they are now working in partnership with **Dalewood Trust** to re-open the **Calla Café**.



From Monday 4th March 2024, the new opening times will be 9am to 4pm, Monday to Friday.

Everyone Welcome.

Page 8 DAG News



Whitby DAG Stall at Whitby Co-op 10am - 1pm

Wednesday 17th April - Bookstall

Please can I put a shout out to all our wonderful Members and to anyone who could help run the stall at the Co-op. Transport is available. Come along for part or the whole of the session.

Tommy

E-mail: tom@whitbydag.org.uk

Tel: **01947 821001** or **07871 388 425**



DAG is happy to advertise items for sale or free to a good home, in our newsletter.

Contact the office.

Diana – Mobile HairdresserWhitby and Scarborough areas
City & Guilds qualified.

Tel: 07870 321 477/ 01947 228802



Page 9 DAG News



The Coliseum Centre, Victoria Place, Whitby

Drop-In on Wednesdays, 10am-3pm.

Adviceline:

Freephone **0808 278 7900**Monday to Friday, 9am to 4.30pm (except bank holidays)



Information & Advice Drop in Sessions

Weekly,
at Whitby Library
Friday mornings
10am to 12 noon

Contact: jim.johnson@ageuknycm.org.uk

Parkinson's UK Whitby Support Group

Meets at Whitby Golf Club

Friendship and support locally to people with Parkinson's, their families and carers. For dates and details contact

Tracy on 07789 884 602

Parkinson's UK helpline on 0808 800 0303

Page 10 DAG News

Returning Equipment

When you no longer require the **equipment loaned by NHS or Social Care services, contact **Medequip** to request **free** collection



north.yorks@medequip-uk.com or 01423 226240

Items can also be dropped of at the **Medequip Scarborough Depot:** 5B & 5C Dunslow Court, Eastfield, Scarborough,
YO11 3XT **or**

Whitby Household Waste Recycling Centre, Cholmley Way, Whitby YO22 4NJ, Monday to Friday 9am - 5pm



A local voluntary organisation and registered charity,

Providing practical and emotional help for carers, the people they care for, and older people living on their own sitting service, befriender visits, support groups, volunteer befriending opportunities.

Tel: 01947 605757

Website: caringtogetherwhitbyanddistrict.org



Care and Support for Life

Whitby "Welcome Wednesday" Wellbeing Café

1-3pm, Hopkinson Room, The Coliseum Victoria Place

Dementia Forward Local Helpline, Monday to Friday, 9am to 4pm. Tel: 3300 578592

Page II DAG News

Make your donations to DAG go further through

- Gift Aid (if you are a UK Taxpayer)
- Give as You Live
- Leaving a Financial Gift in your Will
- LocalGiving
- Easy Fundraising

Contact the DAG office for more details.





The Computer Centre
Repairing Whitby's computers for over
15 Years

Sales & Repairs
Computers, Laptops, Tablets & Phones

E: sales@apc4me.co.uk W: www.apc4me.co.uk Visit: Unit G1B St Hilda's Business Centre, The Ropery

T: (01947) 605859

Page 12 DAG News

- Have you changed your address?
- Would you like your details to be added to/ removed from our newsletter mailing list?
- Do you have any articles, stories, items wanted/ for sale or information you would like to be included in our newsletter?





Send the details to the DAG office by the 20th of each month.

Please help DAG keep our costs down by getting your Newsletter as a PDF document by email. It gets to you more quickly <u>and</u> saves on paper, printing & postage costs for us!

Find us at Church House Centre, Flowergate, WHITBY, YO21 3BA Mon, Tues & Thurs 9am-5pm; Fri 9am-4.30pm

Telephone: 01947 821001 Mobile: 07956 751 790

Email: info@whitbydag.org.uk Website: www.whitbydag.org.uk

All Mobility Hire enquiries should be via the DAG office.

Reg. Charity No: 1131037 Company Reg: No: 6956837





Every effort has been made to ensure the accuracy of the information in this newsletter. However, Whitby, Scarborough & Ryedale DAG can accept no liability whatsoever for any matters in any way connected or arising out of use of this information. No recommendation is implied by the insertion of such information.